Case Study 3

Nadiyah Bailey

Nadiya is 21 years old. She was a child looked after following removal from her parents due to emotional abuse and neglect. She does have some limited information about her family from a Life Story Book that was completed when she was 8.

At 18, Nadiyah was supported by the local authority in Old Town to move into a 1 bedroom flat as part of her transition into independence and was attending college on an Administration course. However, her attendance became sporadic, and the tutors became concerned about her mental health when she began self-harming. Nadiyah had a boyfriend, Nick, and he would often bring his friends to her flat where they drank alcohol excessively, but when Nadiya’s finances became depleted he left her. Since then, Nadiyah began showing promiscuous behaviour with neighbours reporting different males visiting her flat late at night.

Her personal advisor (PA) from the Local Authority Leaving Care Team, secured further accommodation in another area, New Town, to give Nadiyah a fresh start. However, recently Nadiyah has been using social media to make friends, all of whom are male. She shared an explicit picture of herself and is being blackmailed for money by one of her online male “friends.”

Nadiyah has become depressed and is showing signs of self-neglect. Her new GP has provided anti-depressants. But she feels lonely, she misses her ex-boyfriend, and blames her previous PA for how she feels. She has seen her new PA once and has made a complaint about the lack of support but has had no response.